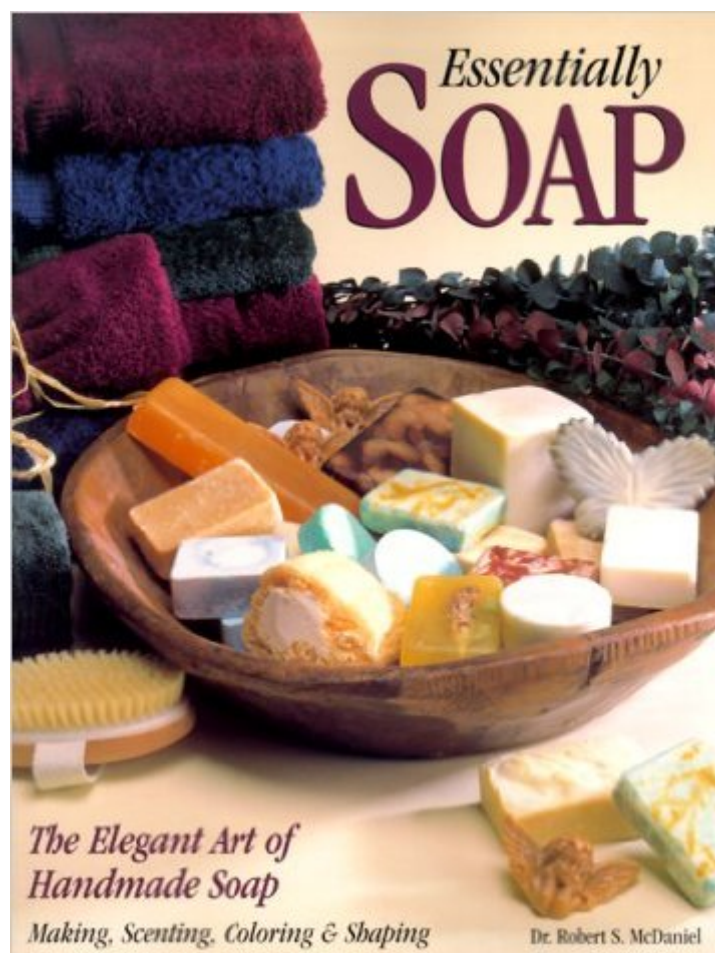


The book was found

# Essentially Soap: The Elegant Art Of Handmade Soap Making, Scenting, Coloring & Shaping



## Synopsis

No longer satisfied with mass-produced soaps? The author shows how to create special soaps with the right scent, emollients and appearance. He demonstrates how to work with fragrances, skin treatments, colours and shapes, and discusses the aromatherapy benefits associated with many essential oils.

## Book Information

Paperback: 125 pages

Publisher: Krause Publications (April 2000)

Language: English

ISBN-10: 0873418328

ISBN-13: 978-0873418324

Product Dimensions: 10.8 x 8.3 x 0.3 inches

Shipping Weight: 12.6 ounces

Average Customer Review: 4.1 out of 5 stars [See all reviews](#) (56 customer reviews)

Best Sellers Rank: #574,360 in Books (See Top 100 in Books) #14 in [Books > Crafts, Hobbies & Home > Crafts & Hobbies > Flower Arranging & Crafts > Potpourri](#) #372 in [Books > Crafts, Hobbies & Home > Crafts & Hobbies > Soap Making](#) #485 in [Books > Health, Fitness & Dieting > Alternative Medicine > Aromatherapy](#)

## Customer Reviews

Dr. Bob does a fine job of bringing the past to the present in methods of soap making in one book. So rare it is to find a book that mentions current methods and still isn't stuck in 1970's Ann Bramson's method. We have gone so far beyond Ms. Bramson now. The book starts with some ancient history on soap making and brings us up to present day. I like that he mentions my favorite story, "The urine collectors". Hahahaha, I don't know why I like that story so much, but I think it is fun. :) There are a couple of cartoons and some actual photos of how to leach the lye from wood ash. So many people have asked me how to do that and this is a fine section on describing the process with photos so now I can just recommend this book! And no, you don't need to collect Roman urine. :) There are two good sections to get you started with glycerin Melt & Pour, and Rebatching. Dr. Bob gives the basics and gets you thinking with some ideas which he explains quite well. He gives a good method of remelting soap which should work for you every time, unlike other books which have attempted that topic. I don't know why, on page 36, Dr. Bob just didn't buy the matching end cap for that PVC pipe... It is a lot easier than using saran wrap or making a wax plug.... but that

works too. I have to laugh when I see the scale pictured throughout the book. How did that scale get so clean! haaha. Mine is all marred up from lye spills and goo and raw soaps. A nice, new scale just looks odd to me, haahaa. This book is really very good for the person who has never made soap. Dr. Bob puts the chemistry in to English and has a well thought out plan for presenting the information. He starts at the beginning, covers the nonlye methods first, like a beginner is likely to approach soap making.

After reading the other reviews of "Essentially Soap", I had to run out and buy it for myself (I just love controversy). I was really curious about "INS", which is a term I have never heard or read about before. None of the other soap books I've read have mentioned it, nor the websites, so I was interested in learning more about it. Apparently INS was relatively new to Dr. Bob, too, because he states that the "discovery set the wheels in motion and a quick scrutiny of my own recipes showed an INS nearly in the optimum range", optimum being 160. Dr. Bob then adjusted his own recipes to get closer to the optimum range. However, Dr. Bob apparently did not adjust his lye content based on these changes. About half of the recipes are lye-heavy (many with negative discount!) and the other half are oil-heavy, with 8 or even 10 percent discount. Also, Dr. Bob uses the now infamous "fuzzy math" when analyzing his own recipes' INS values, because the example he uses lists the INS of palm oil at 206, but the chart in the back of the book lists the value at 145. However, assuming that I can trust the INS numbers in the back of the book, now that they have been called into question, I will be able to use this methodology to improve my own soap recipes (no doubt I will run mine through the lye calculator, though!). Also, Dr. Bob's book includes good information on the properties of oils and essential oils, other additives, and includes coloring techniques. And, unlike other reviewers, I found the pictures to be interesting (not all soap is perfect) and even inspiring.

[Download to continue reading...](#)

Essentially Soap: The Elegant Art of Handmade Soap Making, Scenting, Coloring & Shaping Soap Making: 365 Days of Soap Making (Soap Making, Soap Making Books, Soap Making for Beginners, Soap Making Guide, Soap Making Recipes, Soap Making Supplies): Soap Making Recipes for 365 Days Soap Making: Essential Guide For Absolute Beginners. 20 Homemade Organic Recipes: (How To Make Soap At Home) (Aromatherapy, How To Make Soap, How To Make Homemade Soap) Soap Making: How To Make Homemade Soap: 32 Easy DIY Homemade Soap Recipes for Home (Homemade Body Butter Recipes and Soap Book 1) Soap Making Bible: 365 Days of Healthy and Organic Soap Making Recipes for your Body & Top 100 Herbal and Vegetable Do-It-Yourself Soap Making Recipes for your Body Making Soap From Scratch: How to Make

Handmade Soap - A Beginners Guide and Beyond Handmade Soap Making: How to Make  
Homemade Soap the Natural and Organic Way Sweary Mandalas: Midnight Edition: Funny Coloring  
Books Best Sellers Coloring Books For Adults Relaxation & Adult Coloring Books Stress Relieving  
... Coloring Book & Color Therapy & Art Therapy) Soap Making: A Step-By-Step Beginner's Guide  
on Organic Homemade Soap Recipes for Skin Care (Make Soap 365 Days a Year and Techniques  
that Help ... Look Smooth, Comfortable, and Young Again!) The Swear Word Coloring Book: Cuss  
word coloring book for those who love to swear...and color! If you are a fan of profanity and  
swearing coloring ... coloring book, you will love this! (Volume 1) Smart Soapmaking: The Simple  
Guide to Making Traditional Handmade Soap Quickly, Safely, and Reliably, or How to Make  
Luxurious Handcrafted Soaps from Scratch for Family, Friends, and Yourself Handmade Soap: A  
Practical Guide to Making Natural Soaps Swear Word Coloring Book Adults Retro & Pop Art Edition  
: A Very Sweary Coloring Book: 44 Stress Relieving Curse Word Pictures To Calm You The F\*\*k  
Down (Swear Word Coloring Books) (Volume 4) Famous Train Shading Volume 1: Train Grayscale  
coloring books for adults Relaxation Art Therapy for Busy People (Adult Coloring Books Series,  
grayscale fantasy coloring books) BirdTopia Shading Volume 2: Bird Grayscale coloring books for  
adults Relaxation Art Therapy for Busy People (Adult Coloring Books Series, grayscale fantasy  
coloring books) Natural Liquid Soap Making...Made Simple: Complete Beginner's Guide to Crafting  
Shampoos, Shower Gels, Hand Soaps, Laundry Soap, and More! Soap Making Recipes Book 3:  
Hot Process Soap Recipes Soap Maker's Workshop: The Art and Craft of Natural Homemade Soap  
Pokemon Go... F-ck Yourself! (The Adult Coloring Book): The Pokemon Go Adult Coloring Book full  
of Swear Words and Pokemon Talking So Much Trash ... Books & Swear Word Coloring Books)  
(Volume 1) My Tea Party Fine China Tea Cakes Lace Doilies Butterflies Coloring Book: Easter  
Coloring Books for Kids in al; Easter Books for Kids in al; Easter ... Coloring Books Best Sellers for  
Women in al

[Dmca](#)